

Sept 2023

Volume 22
Issue 8

175 Years
& Beyond



WORSHIP

Sundays

10 am

Live & via
Zoom

&

Wednesday

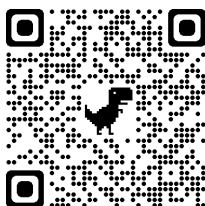
7pm

Share the
welcome.

Invite a
friend.

Zoom link
found at our
website:

Www.Stjamesfolsom.org



THE VOICE OF ST. JAMES



Thoughts from Pastor

A friend of mine started a Facebook page for people to share things they are grateful or thankful for. I do not get to it everyday, but I find that when I do it makes me pause and look back at my day, and realize there is always something to be grateful for.

In an article written by Lisa Firestone Ph.D., The Healing Power of Gratitude, she writes:

“Gratitude is perhaps the most important key to finding success and happiness in the modern day. Knowing what we appreciate in life means knowing who we are, what matters to us and what makes each day worthwhile. Paying attention to what we feel grateful for puts us in a positive frame of mind. It connects us to the world around us and to ourselves.”

Connecting this to our faith, I think as we recognize all things flow from God's gracious hand for our benefit it connects us to God. Being connect-

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ed to God in gratefulness helps us to ground ourselves even more fully in God's love..

In her article, Firestone shares that research has demonstrated other positive benefits to our physical and mental health. She stated that studies have found that "gratitude is associated with:

- Greater happiness
- More optimism and positive emotions
- New and lasting relationships
- Better health
- More progress toward personal goals
- Fewer aches and pains
- More alertness and determination
- Increased generosity and empathy
- Better sleep
- Improved self-esteem"

Does not seem like a downside to any of that.

I believe that as we practice an attitude of gratitude and connect that gratitude with God, it enables us to see and feel the blessings that God wants for us. Yes, we will have negative experiences in our life, but if we can still find at least one thing to be grateful for each day, we are reminded that God is still with us and we are not alone.

Last week in my sermon, I asked people to ponder each day something they were thankful for, write it down on slips of paper provided or bring their own (2" x 8.5") to add to our chain that has already started. If you want, you can email me your words of gratitude and I'll add it to the chain. Let's see how long we can make this chain.



let's celebrate

OKTOBER FEST



SAT, SEP 9TH
11AM – 3PM

ST. JAMES LUTHERAN CHURCH

FREE
FOOD – MUSIC – FUN

Join us for a day of festivities
as we continue to celebrate 175 years!
Starting at 11:00 AM St. James will have a ground
breaking ceremony, dedication for our new
monument, and burial of our time capsule.

From 12:00pm-3:00pm our Oktoberfest/Picnic
will begin. Bounce House, Games, Hot Dogs &
Bratwurst, Sauerkraut, BBQ Chicken, Root Beer,
Birch Beer, Drinks, Desserts, Music, Community,
Friends & Family, and tons of fun!

1341 Mays Landing Road
Folsom, 08037





JOIN US FOR
**Sunday
School**

3rd - Marx Heller
3rd - Hank Rodio
6th - Dolores Fiori
14th - Kaitlin Rodio
16th - Tessa Tichy
18th - Issac Moran
19th - Michelle Rodio
22nd - Jim
Caglianone
22nd - Joe Chille
27th - Rose Jones



We would like to invite you to join us for a fun year of Bible Study, for all children up to 6th grade! Feel free to invite children of friends and family to join our wonderful program.

Classes will be held on
Sundays at 9:00 AM

Dates:

September 17th

October 1st, 15th,
22nd, & 29th

November 12th & 26th

Future dates will be posted, if there are any changes in the dates listed above, you will be notified.

September Worship Volunteers



Communion Assistants

3rd - Judy May

10th - Volunteers Needed

17th - Volunteers Needed

24th - Volunteers Needed



3rd - Ed Volpa

10th - Holly Kiernan

17th - Jim Valenti

24th - Debbie

Caglianone



3rd - Erika Warriner

10th - Volunteer Needed

17th - Volunteer Needed

24th - Volunteer Needed



Sept 3rd - Volunteer Needed

Oct. 1st - Volunteer Needed

Volunteers are needed to help support our in-person worship. We could not do it without your help! If you are willing and able, you can sign up in the narthex or let Pastor Pam or Amanda know.



September



Sun Mon Tue Wed Thu Fri Sat

AA Groups Tue - 7pm Wed - 7pm (Women) Fri - 8 pm Sat - 6:30pm Sun - 7:30pm					1	2
3 10am Worship 11am Coffee Hour	4	5 7pm Outreach	6 7pm Worship	7	8	9 11am-3pm 175 years picnic/ Oktoberfest
10 10am Worship at St. Jacobus	11 7:30 pm Council	12	13 1pm God's Stitches 7pm Worship	14 12 pm Grief Support	15	16
17 9am SS 10am Worship	18	19	20 7pm Worship	21	22	23 5:30 Dine Out Night - Mill Street Pub
24 10am Worship	25	26	27 1pm God's Stitches 7pm Worship	28 12 pm Grief Support	29	30



Jennifer Johnson, Dolores Fiori,
Laura Librizzi, Joan & Marx Heller,
Diane Eby, Hannah Bonchi,
Rita Ricca, Claire Gilmore,
Don Haines, Henry Butterhoff,
Bette Jackson, Maggie Rider, Marlene Triggian,
Catherine Sabatini, Sharon Schwabs,
Edythe Aselta, Toni Marinelli, Fran Penza,
Bob & Ellie Frietag, Ed Shine, Christina Spahn,
Emily Shenansky, Pierre LaCombe,
George Cappuccio, Karin Cerrato, Heather Lang,
Betty Haines, Santino Reyes, Jessica Lewis,
Madilynn Rose Powell, Dawn Hatch, Dan P.,
Lori Horton-O'Neill, Louie Rider,
Tom Dixon, Arlene Calletta, Dolores Chappine.



Our Altar Flower memorial
program is a way to
remember your loved ones
and help the Church pay for
the flowers used to brighten
our altar every week.

The following dates are still available:

Both Vases: Oct. 1 & Dec. 31
One Vase: Sept. 17

CLERGY AND STAFF

Pastor Pamela Werner C 609-335-3083
Laffinggal@comcast.net O 609-561-4488
Office Administrator - Amanda Dilks O 609-561-4488
stjameslutheran@folsom.comcastbiz.net

Office Hours - Wednesdays & Thursdays
9:30 AM - 1:00 PM
All other times by appointment

CHURCH COUNCIL

Michael Hozik - President Sally Costa
Fred Tichy - Vice President Jayne Carmen
Regina Moschik Judy May

Worship - Sundays 10 am
Live and Via Zoom
Link on www.stjamesfolsom.org

Our Mission

Welcoming all people to abide in Christ,
to experience God's love, and
to do God's work in the world around us.



St. James Lutheran Church
1341 Mays Landing Rd.
Folsom, NJ 08037



Visit our Website at www.stjamesfolsom.org