May 2023

Volume 21 Issue 5

175 Years & Beyond



WORSHIP Sundays

10 am Live & via Zoom

&

Wednesday

7pm

Share the welcome.

Invite a friend.

Zoom link found at our website:

Www.Stjames folsom.org



THE VOICE OF St. James



Thoughts from Pastor

GRIEF HELP CONTINUED

It's not always easy to know what to say to a person who is grieving the death of a loved one. People struggle with this. So, here are some suggestions to help.

What not to say:

"I'm Sorry . . . "

Although used commonly, you are not responsible for the grief; there is no need to apologize.

"I understand."

Although we may have similar experiences; each person's grief is individual.

"At least . . ."

Avoid beginning with this. It minimizes a person's experience and loss.

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"You should" or "You will" statements.

Each person needs to navigate their grief in their own way.

Avoid any type of comparison to another person's situation.

Again, each person's experience is unique.

Do not give a timetable.

Grief has no timetable. Each person moves through grief at their own pace.

Avoid giving unsolicited advice.

Although you may mean well, what works for one does not work for another.

Avoid spiritual cliches.

They usually do not acknowledge what a person is experiencing, nor are they helpful.

Examples:

"God has a plan" or any other descriptor about what God is doing.

"Some good will come of this. You'll see."

"There is a reason for everything."

It makes God a puppet master, not a loving God who walks the journey of grief with us.

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(Continued from page 2)

Don't' defend God.

People need to feel their feelings; even anger at God.

What to say:

"I am saddened to hear about your loss."

It acknowledges your feelings and allows the person grieving to have their sadness.

"How are you really feeling?"

Allows the person to share their emotions in an open way. Does not impose feelings on them.

"I don't know what to say, but I will listen." or "If you want to talk about this, I am willing to listen."

It enables the grieving the person to have a place to share and be heard. You do not need to say anything, just listen.

"What I loved about (name). . ." and/or "What I am going to miss about (name) . . ."

The grieving person often needs to talk about the loved one who has died. Sharing your memories gives them an opening to do so.

"Take all the time you need."

Acknowledges that grief has no time limit.

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It is ok if you do not know what to say. A look, a touch, a hug, your presence can say so much more than words.

Remember, you do not have to fix the grief. It is a normal reaction to loss. Just be a safe space for the grieving person to express or not express whatever they need to at the time.

Traits of not helpful statements:

They want to fix the loss

They are about our own discomfort

They try to give direction

They try to explain/rationalize loss

They may be judgmental

Not about the one grieving

Minimize the loss

Put a timeline on loss

Traits of helpful statements:

Are supportive, but do not try to fix it

Are about the person's feelings

Do not tell a person what to do

Admit that you can't make it better

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Not trying to change a person's feelings Focus is on person who is grieving Recognizes the loss Not time limited

Based on information from Don Eisenhauer, End of Life Coaching.

Questions: Contact Pastor Werner



"Keep yourselves in the love of God; wait for the mercy of our Lord Jesus Christ, until eternal life, and convince some, who doubt"

Jude 21:1

Read by Pastor A.G. Georgin
May 7.1852



ST. JAMES CELEBRATING 175 YEARS OF MINISTRY



They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer.

> The Acts of Apostles 2:42 Read by Pastor Weldon May 29, 1871

I will wash my hands in innocence, O Lord,
that I may go in precession round your altar,
singing aloud a song of thanksgiving,
and recounting all your wonderful deeds.
Lord, I love the house in which you dwell,

Psalm 26: 6-8 Read by Pastor S. Leonberger May 29, 1871



RED STONE GRILL



Thur May 25

500 Route 73 S Marlton, NJ 08053

www.redstonegrill. com/restaurants/ marlton/

May 26

May 25th or 26th ???

Mark all dates that work for you. Thank you.

111di., Way 25	i ii., iviay i	
If you would like to carpo We will meet at the church		
Name:		
Number of Guests:		
Phone Number/Email:		
Do you wish to carpool?	Yes	No.

Please RSVP by May 18



16th - Judy & Thomas Dunleavy

17th - Jim & Sue Valenti

25th - Steve & Jennifer Johnson







10th - Linda Kisby

13th - Dylan Collins

17th - Dorcas

Schellhas

18th - Brianna Tichy

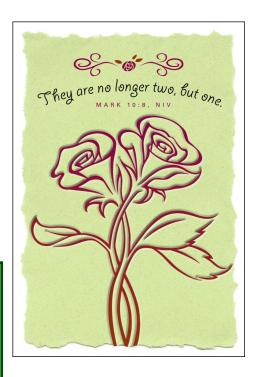
20th - Claire Gilmore

21st - Hannah

Johnson

25th - Steve Johnson

26th - Hannah Bonchi





May Worship Volunteers



May 7th - Amanda Dilks

June 4th - Volunteer Needed



7th - Volunteer Needed

14th - Volunteer Needed

21st - Volunteer Needed

28th - Volunteer needed



7th - Debbie Caglianone

14th - Sally Costa

21st - Dolores Fiori

28th - Linda Kisby



Communion Assistants

7th - Volunteers Needed

14th - Volunteers Needed

21st - Volunteers Needed

28th - Volunteers Needed

Volunteers are needed to help support our in-person worship. We could not do it without your help! If you are willing and able, you can sign up in the narthex or let Pastor Pam or Amanda know.

Thank you!

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
AA Groups Tue - 7pm Wed - 7pm (Women) Fri - 8 pm Sat - 6:30pm Sun - 7:30pm SS- SUNDAY SCHOOL	1	7pm Outreach	3 7pm Worship	4	5	6	
7 10am Anniversary Worship 1pm Anniversary Banquet	8	9 7pm Grief Support	10 1pm God's Stitchers 7pm Worship	11 12pm Grief Support	12	13	
14 9am SS 10am Worship	15	16	17 7pm Worship	18	19	20	
21 9am SS 10am Worship	22	23 7pm Grief Support	24 1pm God's Stitchers 7pm Worship	25 12pm Grief Support	26	27	
28 10am Worship	29	30	31 7pm Worship				



Grief Support Groups

Noon Group will be held the 2nd and 4th Thursdays of the month, through June (May 11, 25, June 8, 25.)

Evening Group will be the 2nd and 4th **Tuesdays** at 7 pm (May 9, 23, June 13, 27. Note change of day..)

Grief is the natural reaction to a loss. The group is a safe place to be supported as you go through the grieving process and share your feelings. Resources are provided to help you understand your grief and to help with coping skills.

You are welcome to join as you are able.



Our Altar Flower memorial program is a way to remember your loved ones and help the Church pay for the flowers used to brighten our altar every week.

The following dates are still available:

Both Vases: July 23, Oct. 1 & Dec. 31 One Vase: July 30 & Sept. 17

History of St. James, continued from April Newsletter

After 17 years the congregation of St. Jacobus Lutheran Evangelical Church became divided. The cause remains truly unknown. Many say there was a controversy concerning the tradition during worship. Some have said there was an argument amongst the congregants about the wording of the Lord's Prayer. Several thought it should be "Your Vater" (Our Father) and others believed it should be "Vater Unser" (Father of Our's). Another theory is some members felt their services should be now in English, but others strongly felt it should remain in their native German language. Members of the original congregation were given 14 days to hand in their decision to the church council in writing. They had to decide whether they were going to now form under Pastor Frankel who was affiliated with St. John's Reformed Church in Egg Harbor or switch to the new congregation. Those members who wished to continue in the Lutheran faith had left St. Jacobus and eventually built a new and larger church. The group that decided to now be known as the Zion Reformed Congregation remained in the original building, but because they currently shared pastors with another church, services were held every other week. On May 29, 1871, the new church was dedicated after worship as the "German Evangelical Lutheran St. James Church of the Lutheran Congregation".

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The same dedication of the first church by Pastor A.G Georgin was read again during the dedication. Pastor Leonberger and Pastor Weldon also read verses from Psalm 26 and the Acts of Apostles.

"To The Lord and head of His congregation we commend this new Church and may always his word be proclaimed in purity and power and his sacrament administered according to his constitution. To the glory of His name and our own children's salvation and blessedness. Amen."

Pastor S. Leonberger May 29,1871

Have you made your puzzle piece? It's not too late!!



We are creating a large puzzle to reflect the people of St. James.

Please decorate your piece to reflect who you are and return it to the church. If you need a puzzle piece, please contact church and we ill make sure you

get one. There are decorating supplies available at the church too (stickers, markers, paint, etc). You can take time to decorate after church.

We are all part of the puzzle.

Hearts Prayers

Jennifer Johnson, Dolores Fiori, Laura Librizzi, Joan & Marx Heller, Nancy Bertino, Diane Eby, Hannah Bonchi, Lee Phillips, Rita Ricca, Dorcas Schellhas, Claire Gilmore, Don Haines,

Henry Butterhoff, Bette Jackson, Sue Chille, Maggie Rider, Dawn Mamula, Marlene Triggian, George Smith Jr., Catherine Sabatini, Sharon Schwabs, Edythe Aselta, Margaret Rea, Toni Marinelli, Fran Penza, Dave Colofranson, Bob & Ellie Frietag, Ed Shine, Janet(Schellhas) Cappuccio, Tessa (Tichy) Duba & Baby J.D., Christina Spahn, Emily Shenansky, Brandon Holiday, Sue Cassabone, Pierre LaCombe, George Capuccio, and All Service Members.

Pride in the Park June 3rd 11am - 3pm

St. James will be a part of Atlantic County's Pride in the Park.

We will be handing filled goodie bags are looking for volunteers to greet people who may visit our table.

There will be community resources, crafts, vendors, balloon art, face painting, food truck, and much more!

Sponsored By: Atlantic County Council of Education Associates

Located at: War Memorial Park
Corner or Route 50 & Main Street, Mays Landing

Pentecost Sunday is May 28, 2023

We apologize for the inconvenience; our flower supplier is giving us one week to have our orders in. This year we will be ordering Rhine Begonias again.

If you would like to order flowers, you can either complete the form below, email, or call the church and leave a message. We will try to accommodate any late orders. Please have all orders to Amanda by May 7th and all money is due by May 14th. Thank you.

PENTECOST F	LOWER ORD	ER FORM
Attached is \$ at \$5.00 each. Plea St. James Church.		
In memory of	In Thanksgivii	ng for
To the Glory of Go	d In Celeb	ration of
Other:		
Names:		
Your Name:		

CLERGY AND STAFF

Pastor Pamela Werner C 609-335-3083 Laffinggal@comcast.net O 609-561-4488 Office Administrator - Amanda Dilks O 609-561-4488

stjameslutheran@folsom.comcastbiz.net

Office Hours - Wednesdays & Thursdays 9:30 AM - 1:00 PM

All other times by appointment

CHURCH COUNCIL

Michael Hozik - President Fred Tichy - Vice President Regina Moschik Sally Costa Jayne Carmen Judy May

Worship - Sundays 10 am
Live and Via Zoom
Link on www.stjamesfolsom.org

Our Mission

Welcoming all people to abide in Christ, to experience God's love, and to do God's work in the world around us.



St. James Lutheran Church 1341 Mays Landing Rd. Folsom, NJ 08037

